

ARLINGTON HEIGHTS Post



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FOOD

TRUEBLUE DRINK YOUR BERRIES

Blueberries are loaded with antioxidants, which are said to prevent cancer, and they can lower cho-

lesterol. Now that blueberry season is over, you can get your blueberry fix by drinking TrueBlue blueberry juice. One 16-ounce serving contains as much juice as a full serving of fresh blueberries. TrueBlue was awarded Best New Blueberry Beverage in 2005 by the North American Blueberry Council. Find it in local stores.



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Article was also featured in the following Pioneer Press Publications on Nov. 15, 2006:

- Algonquin Countryside
- Antioch Review
- Barrington Courier-Review
- Booster – Lake View
- Buffalo Grove Country Side
- Deerfield Review
- Des Plaines Times
- Edgebrook-Sauganash Times Review
- Edison-Norwood Times Review
- Elk Grove Times
- Elmwood Park
- Evanston Review
- Glencoe News
- Glenview Announcements
- Grayslake Review
- Gurnee Review
- Highland Park News
- Hoffman Estates Review
- Lake Forester
- Lake Zurich Courier
- Liberty Review
- Lincolnshire Review
- Morton Grove Champion
- Mount Prospect Times
- Mundelein Review
- News-Star
- Niles Herald-Spectator
- Northbrook Star
- Norridge and Harwood Heights News
- Oak Park
- Palatine Countryside
- Park Ridge Herald-Advocate
- Review Lake Villa and Lindenhurst
- River Forest
- River Grove Messenger
- Rolling Meadows Review
- Schaumburg Review
- Skokie Review
- Times – Jefferson Park
- Times – Harlem-Irving Edition
- Vernon Hills Review
- Wauconda Courier
- Wheeling Countryside
- Wilmette Life
- Winnetka Talk