

GOLD COUNTRY TIMES

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TrueBlue blueberry cider

Since the holiday season is just around the corner and days are cooling off, here is a delicious recipe not only to warm you up, but to keep you healthy!

Ingredients:

3 cups (750 mL) TrueBlue Blueberry Cocktail (or any other flavor)
2 tbsp (30 mL) brown sugar
4 whole cloves
2 cinnamon sticks, broken in half
1 cup (250 mL) fresh or frozen blueberries, optional

Method:

Combine TrueBlue Blueberry Cocktail, brown sugar, cloves and cinnamon sticks in a heavy pot. Heat on high and bring to a boil. Reduce heat and simmer for 15-20 mins. Remove cloves and cinnamon sticks. Add blueberries (optional), heat and serve immediately.