

# The ATLANTA VOICE

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## Don't sleep on blueberries!

*TrueBlue drink exposes the benefits of blueberries*

Special to the Atlanta Voice

A new drink on the market, True Blue, exposes the numerous benefits of blueberries including them being the #1 antioxidant fruit (USDA research ranks blueberries the #1 fruit among 40 fruits and vegetables in antioxidant activity). Additionally, research shows that blueberries may:

- Slow down the aging process
- Reduce the risk of diseases such as cancer, heart disease & stroke
- Reduce the risk of urinary tract infection
- Ease eye fatigue and may improve eyesight
- Reduce cholesterol levels

Other benefits of TrueBlue include:

- High in antioxidants; a 16 oz. serving contains the juice of a full serving of blueberries
- 25 percent less calories than most Cranberry cocktails
- Does not contain High Fructose Corn Syrup
- 100 percent recommended daily intake of Vitamin C
- All natural flavors and colors

The flavors of True Blue include Blueberry, Blueberry Green Tea, Blueberry Cranberry, Blueberry Pomegranate, Blueberry Raspberry and Blueberry Blackberry. A 16 oz. bottle (approx. 1 glass) contains a full serving of fresh blueberries (½ cup of fresh blueberries).

*For more information, please visit [www.trueblueberry.com](http://www.trueblueberry.com).*

