

THE HAMILTON SPECTATOR

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Hamilton, Ontario

New products

TrueBlue Blueberry juice cocktail from concentrate tastes just like a slice of blueberry pie -- that, at least, is what some of our office taste-testers say.

The cocktail is lightly sweetened with cane sugar. TrueBlue says that a 16-oz (500-mL) glass is equal to a full serving of fresh blueberries. TrueBlue also comes in Blueberry Blackberry and Blueberry Pomegranate.

TrueBlue can be found in major grocery stores. The suggested retail price ranges from \$3.97 to \$4.99.

Approximate nutrition per 1-cup (250- mL) serving (all flavours): 110 calories, 0 g fat, 0 g protein, 28 g carbohydrates, 0 g fibre.

