



Friday June 2, 2006

Juice gets blues

Antioxidant beverages are all the buzz right now and anything with blueberries is getting a lot of attention. TrueBlue Blueberry Juice Cocktails from Leading Brands of Vancouver — winner of the “Favourite Cold Beverage” award at the Good Food Festival in Toronto recently — is packed with antioxidants. According to **Joanne Saunders**, of Leading Brands, “blueberries have been researched to be No. 1 antioxidant out of 40 fruits and vegetables.”

